



Teens and Tots.

This is a group for young parents and expectant parents that are aged between 16 and 21 years old.

The group will run on Tuesdays term-time only between 10.00am and 11.30am.

Speakers from:
Job Centre Plus
Medical Centre—Health
Visitors Midwives
Connexions
Bedford College

**Informal,
relaxed
setting for
discussions**

Goldington & Putnoe Children's Centres
At Goldington Family Centre, 30 Meadway, Bedford,
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goldingtonfamilycentre@btinternet.com
01234 341977

**Trips out,
picnics,
massages,
cookery and
much more....**