

Baby Massage Group

Get to know your baby &
aid their development
through massage

Join an informal relaxed group
run by our
Infant Massage Teacher.



GOLDINGTON FAMILY CENTRE
at 30 Meadway, Bedford, MK41 9HU

Baby Massage

helps ease pain caused by colic


improves quality of sleep
for baby and parent

meet other parents with young
babies

A 6 week course. Cost £1.00 per session

For booking/information

Please contact

 (01234) 341977

Charity No: 1108055

